

# Peace Inside

By Marla J. Deaton

What is a full life anyway?  
Do you have one yourself?  
How can I fill it myself  
Unless there's peace inside?

If you have peace inside  
While the rest of the world's insane

If you can close your eyes  
And be still...  
And release the emotions you feel.

Then at least you have  
A place to start  
But even if not  
At least you have a heart.